## WHAT IS CLAIMED IS:

- 1. A recording apparatus for recording modulated data on a rewritable recording medium, the recording apparatus comprising:
- a data modulation section for modulating data in accordance with a prescribed modulation rule;
- a parameter value changing section for changing at least one parameter value of the prescribed modulation rule; and
- a recording section for recording the data modulated in accordance with the prescribed modulation rule on the recording medium.
- 2. A recording apparatus according to claim 1, wherein the prescribed modulation rule is a state-type modulation rule, and the at least one parameter value is an initial value of a state.
- 3. A recording apparatus according to claim 1, wherein the prescribed modulation rule uses a digital sum value, and the at least one parameter value is an initial value of the digital sum value.
- 4. A recording apparatus according to claim 1, wherein the parameter value changing section changes the at least one parameter value randomly.
- 5. A recording apparatus according to claim 1, wherein the parameter value changing section changes the at least one parameter value in a prescribed order.

- 6. A recording apparatus according to claim 1, further comprising a storage section for storing a previously used parameter value, wherein the parameter value changing section randomly selects a parameter value to be set from parameter values which are different from the previously used parameter value.
- 7. A recording method for recording modulated data on a rewritable recording medium, the recording method comprising the steps of:

modulating data in accordance with a prescribed modulation rule;

changing at least one parameter value of the prescribed modulation rule; and

recording the data modulated in accordance with the prescribed modulation rule on the recording medium.

- 8. A rewritable recording medium having modulated data recorded thereon, wherein the modulated data is obtained by modulating data in accordance with a prescribed modulation rule, and at least one parameter value of the prescribed modulation rule is changeable.
- 9. A recording apparatus for starting to record data based on a termination position of data which has been recorded on a rewritable recording medium, the recording apparatus comprising:

a parameter value changing section for changing a parameter value representing a target value of an offset amount of a data recording position from a prescribed reference position;

an offset amount changing section for changing the offset amount of the data recording position from the

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prescribed reference position such that as data recording proceeds, the offset amount of the data recording position from the prescribed reference position approaches the target value; and

a recording section for recording the data on the recording medium at the data recording position.

- 10. A recording apparatus according to claim 9, wherein the parameter value changing section changes the parameter value randomly.
- 11. A recording apparatus according to claim 9, wherein the parameter value changing section changes the parameter value in a prescribed order.
- 12. A recording apparatus according to claim 9, further comprising a storage section for storing a previously used parameter value, wherein the parameter value changing section randomly selects a parameter value to be set from parameter values which are different from the previously used parameter value.
- 13. A recording method for starting to record data based on a termination position of data which has been recorded on a rewritable recording medium, the recording method comprising the steps of:

changing a parameter value representing a target value of an offset amount of a data recording position from a prescribed reference position;

changing the offset amount of the data recording position from the prescribed reference position such that as data recording proceeds, the offset amount of the data recording position from a prescribed reference position

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approaches the target value; and

recording the data on the recording medium at the data recording position.

14. A rewritable recording medium having data recorded thereon, wherein:

arecording start position of data is determined based on a termination position of data which has been recorded thereon;

a recording position of the data is determined such that as data recording proceeds, an offset amount of the data recording position from a prescribed reference position approaches a target value; and

a parameter value representing the target value is changeable.